## Will You Be Naughty Or Nice This Christmas

The CBD Christmas Girls Night is your chance to decide. And with any luck you can be a little bit of both ..



Take a night for yourself before the madness of Christmas hits and forget about work, men and all your worries! Our Christmas Girls Night is the chance to indulge in a night of champagne, socializing and networking (don't forget your business cards!)

You will also get to taste-test our amazing

pre-Christmas detox program and enjoy a few extra girly treats for you including the chance to try the wonders of mineral make-up.

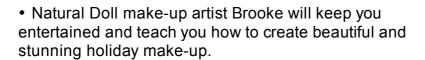
## What a line-up!

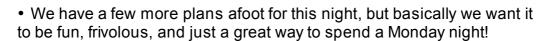
 Learn exactly how we've created health and body-sculpting success for ourselves and our clients. You can be cleaner,

<u>leaner and healthier in just days.</u> Average results:

- √ 7kg average weight loss
- ✓ Noticeably clearer skin and shinier hair
- ✓ Digestive improved, bloating gone
- ✓ Better sleep quality
- ✓ Stable and higher energy levels

Visit www.bodyincredible.com/category/detoxyourbody/





## Monday Dec 1st: 7pm for a 7.30 start

Groove Train: Level 3, Melbourne Central (next to Hoyts Box Office) \$20 per person or \$30 for 2 people (so bring a friend)
Full payment required by Thursday 27<sup>th</sup> Nov 08, to your hosts

Finger food and champagne provided!

## **Your Hosts**

Jo Harvey 0417.775.772/joey\_harvey@yahoo.com Kat Eden 0414.570.496/ info@playlife.com.au Deborah Byrne 0420.832.803/ dml.byrne@gmail.com





